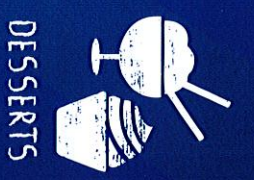




Winter Menu 2014



SALADS

PASTAS

PIZZAS

SANDWICHES

DESSERTS

Winter Menu 2014

A Tasty nutritious meal on every plate

Week 1						
MENU WEEK ONE WEEK COMMENCING: 3rd Nov, 1st Dec, 5th Jan, 23rd Feb, 23rd March, 20th April						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Brunch (Bacon Scrambled Egg, Hash Brown, Baked Beans & Pure Fruit Juice Cuplet)	Pasta Bolognese with Garlic Bread	Roast Chicken Fillet or Quorn Sausage with Sage & Onion Stuffing, Roast Potatoes	Welsh Farm Sausages with Creamed Potatoes and Onion Gravy	Harry Ramsden's Battered White Fish Fillet, Chips and Peas	
Non Meat Alternative	Filled Jacket Potato with a choice of Fillings:- Tuna & Sweet corn, Cheese, Baked Beans	Fish Fingers in a Bap/Pitta Bread Coleslaw and Potato Wedges	Filled Jacket Potato with a choice of Fillings:- Tuna & Sweet corn, Cheese, Baked Beans	Cheese & Rice Flan with Solid Potatoes	Homemade Cheese & Tomato Pizza Served with Chips	
Vegetables	Peas & Sweet corn	Salad Bar	Broccoli & Carrot and Swede	Baked Beans Vegetable Medley	Peas or Baked Beans	
Desserts	Homemade Fruit Sponge & Custard Strawberry Fruit Mousse Fresh Fruit Mix	Melting Moments with Wedge of Orange Fruit Ice-cream Fresh Fruit Mix	Goosey Chocolate Sponge and Custard Fruit Yoghurt Fresh Fruit Mix	Homemade Ginger Biscuit with Grapes Fruit Ice-cream Fresh Fruit Mix	Banana & Chocolate Muffin Fruit Yoghurt Fresh Fruit Mix	
Drinks	A Daily Selection of Chilled Milk, Milkshake and Water					

Week 2						
MENU WEEK ONE WEEK COMMENCING: 10th Nov, 8th Dec, 12th Jan, 2nd Feb, 2nd March, 30th March, 27th April						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Hotpot Served with Crusty Bread	Chicken Curry with Rice & Nan Bread	Roast Turkey or Quorn Sausage, with Yorkshire Pudding Roast Potatoes and Gravy	Homemade Minced Beef & Onion Pie served with Creamed Potatoes	Chicken Fillet in a Bun Served with Salad and Chips	
Non Meat Alternative	Big Fishy Fishcake served with Baby New Potatoes	Hot Cheese or Tuna/ Ham Baps/Bouquettes Salad with Homemade Jacket wedges	WEDNESDAY SPECIAL SCHOOLS OWN CHOICE	Oven Baked Macaroni Cheese	Cod Filled Fish Fingers served with Chips	
Vegetables	Baked Beans Peas	Salad Bar Homemade Coleslaw	Broccoli & Carrots	Vegetable Medley	Peas & Sweetcorn	
Desserts	Iced Orange Sponge with Orange Wedges Fruit Icecream Fresh Fruit Mix	Homemade Rice Pudding Fruit Ice-cream Fresh Fruit Mix	Chocolate & Vanilla Marble Sponge & Chocolate sauce Fruit Mousse Fresh Fruit Mix	Fruit Jelly & Icecream Cheese & Biscuits Fresh Fruit Mix	Chocolate Kracholde & Wedges of Fruit Yoghurt, Fresh Fruit Mix	
Drinks	A Daily Selection of Chilled Milk, Milkshake and Water					

Week 3						
MENU WEEK ONE WEEK COMMENCING: 17th Nov, 19th Jan, 9th March						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Chicken Curry & Rice Non Bread	Cottage Pie	Roast Beef or Turkey with Yorkshire Pudding, Roast Potatoes and Gravy	Creamy Chicken Pie served with Mashed Potatoes	Cod Filled Fish Fingers Served with Chips	
Non Meat Alternative	Vegetarian Meatballs With Gravy and Creamed potatoes	Big Fishy Fish Cake in a Bun served with Solid Garnish & Potato Wedges	Filled Jacket Potato with a choice of Fillings:- Tuna & Sweet corn, Cheese, Baked Beans	Spaghetti with Homemade Tomato Sauce with Grated cheese	Homemade Cheese & Tomato Pizza Served with Chips	
Vegetables	Vegetable Medley	Salad Bar Peas & Sweet corn	Broccoli and Cauliflower Carrot & Swede	Sliced Green Beans and Carrots	Baked Beans Peas & Sweetcorn	
Desserts	Fruit Crumble & Custard Fresh Fruit Mix	Creamy Rice Pudding & Raisins Fruit Mousse Fresh Fruit Mix	Bake well Tart & Ice-cream Fruit Yoghurt Fresh Fruit Mix	Happy Face Ice Cream Log Fresh Fruit Mix	Homemade Chocolate Crunch with Fruit Wedges Fruit Mousse Fresh Fruit Mix	
Drinks	A Daily Selection of Chilled Milk, Milkshake and Water					

Week 4						
MENU WEEK ONE WEEK COMMENCING: 24th Nov, 15th Dec, 26th Jan, 9th Feb, 16th March						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Course	Chicken Fillet with Salad and a Bun served with Jacket Wedges	Brunch (Bacon, Scrambled egg, Hash Brown & Baked Beans) with a Pure Fruit Juice Couplet	Roast Pork Steak or Quorn Sausage, Apple Sauce, York shire Pudding, Roast Potatoes and Gravy	Pork Meatballs in Tomato Sauce with Pasta Twirls Garlic Bread	Salmon Nibbles or Cod Filled Fish Fingers served with Chips	
Non Meat Alternative	Quorn Sausage in gravy served in a Yorkshire Pudding with creamy Mashed potatoes	Ham, Cheese or Tuna Tortilla Wrap with Solid Garnish and Pasta & Sweet corn Salad	WEDNESDAY SPECIAL SCHOOLS OWN CHOICE	Cheese & Rice Flan with Solid Potatoes	Homemade Cheese & Tomato Pizza served with Chips	
Vegetables	Baked Beans Vegetable Medley	Salad Garnish	Cabbage Carrot and Swede	Broccoli Salad Bar	Peas & Sweet corn	
Desserts	Fruit Crumble & Custard Fresh Fruit Mix	Creamy Rice Pudding & Raisins Fruit Mousse Fresh Fruit Mix	Bake well Tart & Ice-cream Fruit Yoghurt Fresh Fruit Mix	Happy Face Ice Cream Log Fresh Fruit Mix	Homemade Chocolate Crunch with Fruit Wedges Fruit Mousse Fresh Fruit Mix	
Drinks	A Daily Selection of Chilled Milk, Milkshake and Water					

Occasionally for reasons beyond our control we may have to alter the menu.
www.halton.gov.uk/schoolmeals

